Multiple Sclerosis

What is Multiple Sclerosis?

Multiple sclerosis (MS) is a disease in which the immune system attacks the protective myelin sheath (a white fatty substance) that covers the nerves. The myelin damage disrupts communication between the brain and the rest of the body.² Ultimately, the nerves themselves may deteriorate — a process that's currently irreversible.³

The three most common types of MS include: This is the most common type of MS, affecting 85% of newly

Relapsing Remitting MS (RRMS)

diagnosed patients with MS. Those with RRMS experience periods of symptoms, or 'attacks' followed by partial or complete recovery.4

Secondary Progressive MS (SPMS)

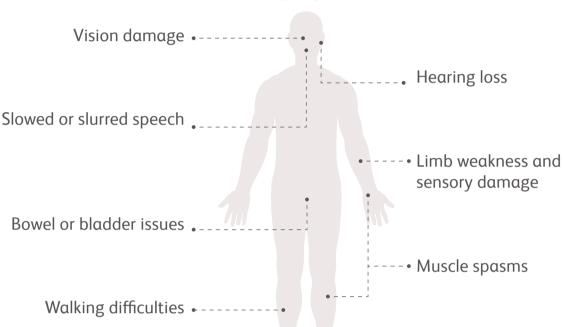
Patients with SPMS experience a steady worsening of MS symptoms over time. Periods of remission usually seen in RRMS may no longer occur in patients with SPMS. Approximately 50% of patients diagnosed with RRMS transition to SPMS within 10 years and 90% transition within 25 years.⁵

Primary Progressive MS (PPMS)

Affects approximately 15% of patients newly diagnosed with MS. In PPMS, symptoms steadily worsen from the outset, with no periods of remission.⁶

Symptoms

The most common symptoms of MS include:⁷



Additionally, **65%** of patients with MS have some form of cognitive challenges, which may worsen with relapses but improve during remission.8

Prevalence

MS affects approximately 2.5 million people worldwide and is most common in North America, Europe and Australia. 9,10

MS can impact individuals at any age, but it is typically diagnosed in patients in early adulthood, around 30 years old.9

MS is at least three times more common in women than in men.¹¹

The cause of MS is unknown, but many factors are said to contribute, including genetics and environmental factors.7

Diagnosis & Treatment

and cognitive function in people living with MS. 12,13 Tests for MS may include:13

Early diagnosis and treatment are important in helping preserve physical

Blood tests

- Spinal tap (lumbar puncture)
- Magnetic resonance imaging (MRI)
- Evoked potential tests (tests that measure the
- time it takes for the brain to respond to sensory stimulation either through sight, sound or touch) Today, multiple sclerosis (MS) is not a curable disease. Effective strategies and







treatments can help modify or slow the disease course, treat relapses (also called attacks or exacerbations), manage symptoms, improve function and safety and address emotional health.¹⁴

Bristol Myers Squibb is committed to identifying and pursuing new treatment options and innovative development approaches to help deliver transformational medicines for patients with multiple sclerosis and other immune-mediated diseases.



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